

Peer Support and advice for parents/carers of
children with special needs!

AM I ALONE CIC

Telephone:

0333 050 4948

Having a child with special needs is difficult but
rewarding

Sometimes friends & family just don't
understand!

Being able to get support & information from people who are
going through this journey, we're here!

If you're having a stressful day, meltdowns
with children etc and just need to vent,
we're here!

If you want to share your child's accomplishments with someone who understands
the significance, we're here!

Opening times: Mon, Wed & Fri 10am - 1pm

(Monday Evenings: 8pm - 9pm)

Website: www.am-i-alone.co.uk

Email: support@am-i-alone.co.uk

Facebook: Am I Alone CIC

Instagram: [am_i_alone_cic](https://www.instagram.com/am_i_alone_cic)