

Archbishop of Lanfranc Lunch Time Menu Week One

MONDAY: Chicken Sausages in Gravy (MH), Vegetarian Sausages in Gravy (V), Mash Potatoes (V), Peas (V) BBQ Pasta Bake (V), Jacket/Sweet Potatoes (V), Beans (V), Chocolate & Coconut Sponge & Cream (V-Cold Dessert)

TUESDAY: Chicken Thai Red Curry (MH), Vegetable Thai Red Curry (V), Buttery Rice (V), Broccoli (V), Spicy Tomato Pasta Bake (V), Jacket/Sweet Potatoes (V), Beans (V), Lemon Sponge & Cream (V—Cold Dessert)

WEDNESDAY: Spicy BBQ Chicken Wraps (MH), Pepper, Halloumi, Red Onion & Sweet Potato Wraps (V), Cauliflower (V), Chilli & Garlic Chow Mein (V), Seasonal Wedges (V), Jacket/Sweet Potatoes (V), Beans (V), Black Cherry Crumble & Custard (V-Hot Dessert), Vanilla Sponge & Cream (V-Cold Dessert)

THURSDAY: Roast Beef in Gravy (M), Stuffed Jacket Potatoes with Chives, Spring Onions & Cream Cheese (V), Macaroni Cheese Bake (V), Roast Potatoes (V), Savoy Cabbage (V), Jacket/Sweet Potatoes (V) Beans (V) White Chocolate Chip Sponge & Cream (V-Cold Dessert)

FRIDAY: Battered Cod, Chicken Burgers (MH), Vegetarian Burgers (V), Cheese & Tomato Pizza (V), Chips (V), Jacket/Sweet Potatoes (V), Beans (V), Honey Sponge & Cream (V-Cold Dessert)

CODES:

M-MEAT

V-VEGETARIAN

MH-MEAT HALAL

Archbishop of Lanfranc Lunch Time Menu Week Two

MONDAY: Chicken, Spinach & Coconut Curry (MH), Root Vegetable Curry (V), Cauliflower (V), Thai Sweet Pasta Bake (V), Jacket/Sweet Potatoes (V), Beans (V) Buttery Rice (V) Coconut & White Chocolate Chip Sponge & Cream (V-Cold Dessert)

TUESDAY: Beef Spaghetti Bolognese (M), Vegan Bolognese (V), Sweetcorn (V) Macaroni Cheese Bake (V), Jacket/Sweet Potatoes (V), Beans (V), Garlic Bread (V), Chocolate & Cinnamon Sponge & Cream (V)

WEDNESDAY: Chicken Tikka Legs, (MH), Cauliflower Cheese Bake (V), Spicy BBQ Chicken Pasta (V), Broccoli (V) Jacket/Sweet Potatoes (V) Beans (V), Seasonal wedges (V), Apricot Crumble & Custard (V-Hot Dessert) Marble Sponge & Cream (V-Cold Dessert)

THURSDAY: Chicken Legs in Gravy (V), Stuffed Jackets with Cheese & Red Onion (V), Chow Mein (V) Savoy Cabbage (V), Jacket/Sweet Potatoes (V), Beans (V), Syrup Sponge & Cream (V)

FRIDAY: Battered Cod, Chicken Burgers (MH), Vegetarian Pizza (V), Vegetarian Burgers (V), Chips (V), Jacket/Sweet Potatoes (V) Beans (V) Chocolate Sponge with Chocolate Chip & Cream (V)

CODES:

M-MEAT

V—VEGETARIAN

MH-MEAT HALAL

Archbishop of Lanfranc Lunch Time Menu Week Three

MONDAY: Spicy Chicken & Pepper (MH), Root Vegetable Pastries (V), Broccoli (V), Hoisin Pasta Bake (V), Jacket/Sweet Potatoes (V), Beans (V), Orange Sponge & Cream (V-Cold Dessert)

TUESDAY: Beef Chilli Con Carne (M), Vegetarian Chilli (V), Buttery Rice (V), Sweetcorn (V), Jacket/Sweet Potatoes (V), Beans (V) Chicken Chow Mein (MH), Vanilla & Coconut Sponge & Cream (V)

WEDNESDAY: Tandoori Chicken Legs (MH), Root Vegetable Lasagne (V), Cauliflower (V) Seasonal Wedges (V), Tuna Pasta Bake, Jacket/Sweet Potatoes (V), Beans (V) Apple Crumble & Custard (V-Hot Dessert), Cinnamon & Chocolate Chip Sponge & Cream (V-Cold Dessert)

THURSDAY: Sweet Potato Mash Top Chicken Pie (MH), Veggie Pie with Sweet Potato Mash Top (V), Roast Potatoes (V), Savoy Cabbage (V) Jacket/Sweet Potatoes (V), Beans (V), Macaroni Cheese Bake (V) Chocolate Sponge with White Chocolate Chip & Cream (V)

FRIDAY: Battered Cod, Chicken Burgers (MH), Cheese & Tomato Pizza (V), Vegetarian Burgers (V), Chips (V), Beans (V), Jacket/Sweet Potatoes (V) Beans (V), Vanilla Sponge & Cream (V)

CODES:

M-MEAT

V-VEGETARIAN

MH-MEAT HALAL

ARCHBISHOP OF LANFRANC LUNCH MENU WEEK FOUR

MONDAY: Chicken Pie (MH), Stuffed Peppers with Brie (V), Broccoli (V), Jacket/Sweet Potatoes (V) Beans (V), Macaroni Cheese Bake (V), Chocolate Sponge & Cream (V-Cold Dessert)

TUESDAY: Cottage Pie (M) Veggie Pie (V), Peas (V), Chow Mein (V), Savoy Cabbage (V), Jacket/Sweet Potatoes (V), Beans (V) Chocolate Chip Sponge & Cream (V-Cold Dessert)

WEDNESDAY: BBQ Chicken Legs (MH), Seasonal Wedges (V), Pepper, Onion & Mushroom (V), Jacket/Sweet Potatoes (V), Beans (V), Sweet Chilli Pasta Bake (V), Cauliflower (V), Apple & Black Current Crumble & Custard (V-Hot Dessert), Pineapple Upside Down Cake & Cream (V-Cold Dessert)

THURSDAY: Beef Lasagne (M) Quorn Lasagne (V), Garlic Bread (V), Fresh Salad (V), Sweetcorn (V) Tomato Pasta Bake (V) Jacket/Sweet Potatoes (V), Beans (V), Cherry Sponge & Cream (V-Cold Dessert)

FRIDAY: Battered Cod, Chicken Burgers (MH) Jerk Patties (M) Veggie Burgers (V) Veggie Patties (V), Veggie Pizza (V), Chips (V), Beans (V), Jacket/Sweet Potatoes (V) Honey Sponge & Cream (V-Cold Dessert)

CODES:

M-MEAT

V-VEGETARIAN

MH-MEAT HALAL

Archbishop of Lanfranc Lunch Time Menu Week Five

MONDAY: Sweet & Sour Chicken (MH) Buttery Rice (V), Stuffed Tomato with Brie (V), BBQ Pasta Bake (V), Broccoli (V), Jacket/Sweet Potatoes (V), Beans (V), Marble Sponge & Cream (V-Cold Dessert)

TUESDAY: Chilli Beef Tacos (M), Veggie Tacos (V), Hoisin Pasta bake (V), Sweetcorn (V) Buttery Rice (V) Fresh salad (V), Jacket/Sweet Potatoes (V), Beans (V), Chocolate Sponge & Cream (V-Cold Dessert)

WEDNESDAY: PIRI PIRI Chicken Legs (MH), Seasonal Wedges (V), Spinach, Feta, Sundried Tomato & Black Olive Filo (V), Cauliflower (V), Jacket/Sweet Potatoes (V), Beans (V), Chow Mein (V), Plum Crumble & Custard (V-Hot Dessert), Coconut Sponge & Cream (V-Cold Dessert)

THURSDAY: Roast Beef (M), Roast Veggie Parcels (V), Savoy Cabbage (V), Macaroni Cheese Bake (V), Jacket/Sweet Potatoes (V), Beans (V), Cherry Sponge (V-Cold Dessert)

FRIDAY: Battered Cod, Chicken Burgers (MH), Jerk Patties (M), Veggie Burgers (V), Veggies Patties (V) Chips (V), Pizza (V), Jacket/Sweet Potatoes (V), Beans (V), Vanilla Sponge & Cream (V-Cold Dessert)

CODES:

M-MEAT

V-VEGETARIAN

MH-MEAT HALAL

Archbishop of Lanfranc Lunch Time Menu Week Six

MONDAY: Chinese Chicken (MH), Buttery Rice (V), Veggie & Brie Parcels (V), Broccoli (V), Spicy Tomato Pasta (V), Jacket/Sweet Potatoes (V) Beans (V), Coconut & Chocolate Sponge & Cream (V-Cold Dessert)

TUESDAY: Beef & Onion Pie (M), Roast Potatoes (V), Cauliflower (V), Red Onion Stuffed Jackets (V), Spicy BBQ Chicken Pasta Bake (MH), Chocolate Sponge & Cream (V-Cold Dessert)

WEDNESDAY: Hot Dogs (M), Veggie Hot Dogs (V), Seasonal Wedges (V), Sweetcorn (V) Sweet & Sour Pasta Bake (V), Jacket/Sweet Potatoes (V), Beans (V), Red Cherry Crumble & Custard (V-Hot Dessert) Lemon Sponge & Cream (V-Cold Dessert)

THURSDAY: Honey Roasted Gammon (M), Roast Potatoes (V), Bean, Potatoes & Spinach Stew (V), Macaroni Cheese Bake (V), Jacket/Sweet Potatoes (V), Beans (V), White Chocolate Chip & Cream (V-Cold Dessert)

FRIDAY: Battered Cod, Chicken Burgers (MH), Jerk Patties (M), Veggies Burgers (V), Veggies Patties (V), Chips (V), Pizza (V), Jacket/Sweet Potatoes (V), Beans (V), Vanilla Sponge & Cream (V-Cold Dessert)

CODES:

M-MEAT

V-VEGETARIAN

MH—MEAT HALAL

